

# CSU Extension Food Systems Newsletter

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Dept. of Ag and Resource Economics

106<sup>TH</sup> EDITION

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Welcome to the **106<sup>th</sup> edition** of the Colorado State University Extension Local Food Systems newsletter. As a key resource connecting our CSU team with local and state partners about events, news and opportunities, we are committed to building a stronger network of those who work on systems-based issues. This newsletter is one way to build that network. You can help us be better connected in two ways:

- **Forward** this newsletter to anyone with an interest in local food systems and CSU's programs in this area and tell them they are welcome to contact us so we can add them to our mailing list.
- **Send us** any events and news from your organization and other partners so that we may share them with our growing readership!

To assist our readers in finding information, events and programs we may have presented in the past, you can find old issues at: <http://foodsystems.colostate.edu/extension-outreach/local-food-systems-newsletter/>.

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## CALL FOR GRANT APPLICATIONS: FEDERAL-STATE MARKETING IMPROVEMENT PROGRAM

The Federal-State Marketing Improvement Program (FSMIP) offers grants with a one-to-one dollar match to assist in exploring new market opportunities for food and agricultural products, and to encourage research and innovation aimed at improving the efficiency and performance of the marketing system.

All applications must be received by **Friday, April 5<sup>th</sup>, 2019 at 11:59 pm.**

Colorado State University commonly partners with organizations to apply for these grants, so if you are considering an application and need research, outreach or evaluation partners, please contact the Food Systems team [here](#).

For more information, please click [here](#). To apply, please click [here](#).

## RESOURCE: COLORADO MARKETMAKER

If you are a Colorado Proud member, or would like to join the Colorado Proud program, you can create a free online profile to help buyers find out more about your business. Each month we spotlight a new business, and that could be you!

To register, please click [here](#).

### MarketMaker Business Profile

#### Truffnies Chocolate

**Centennial, Colorado**

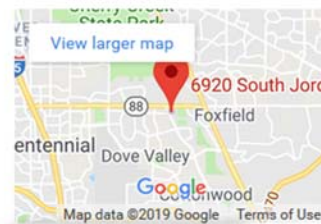
**Email:** [Contact Us](#)

**Phone:** (720) 344-7400

**Address:** 6920 S. Jordan Rd, Centennial, Colorado 80112

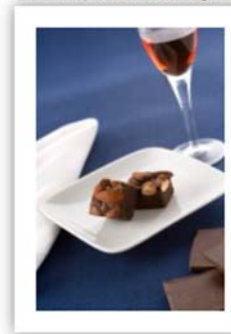
**Website:** [www.truffnies.com](http://www.truffnies.com)

**Updated:** Aug 7, 2013



#### About Us

Our mission is simple: to provide the best products and service to our customers with the highest quality possible. We take great pride in our company, being a Colorado proud home grown company, our commitment to customer service and in the products we sell. Our online store is designed to provide you with a safe and secure environment to browse our Truffnies catalog.



## GRANT: IMPROVING COMMUNITY FOOD SYSTEMS

To ensure we are bringing health in reach for all Coloradans, the Colorado Health Foundation (CHF) is opening funding for [Improving Community Food Systems](#), which is designed to support coalitions with developing implementation plans focused on strengthening local food systems.

This funding opportunity will support a nine-month planning process aimed at addressing one or both of the following [Colorado Blueprint to End Hunger goals](#):

- Goal 2: Increase the number of Coloradans who can access affordable, nutritious food in their communities
- Goal 3: Increase the number of Coloradans who can access food assistance and nutritious food through community-based organizations

CHF funds programs and projects that reflect [our cornerstones](#), which outline who we serve, how our work is informed and our intent to create [health equity](#). These cornerstones will help bring health in reach for all Coloradans by strengthening bodies, minds and communities in the fight against unfair and avoidable differences in health.

#### **Before You Apply:**

1. Learn more about [this funding opportunity](#).
2. Connect with a program officer to discuss ideas for your program or project by [email](#) or phone at 303-953-3600.

Sign up for our [grants management system](#) and apply for funding by 5 p.m. MDT on **June 15, 2019**.

### **EVENT: OLD FORT MARKET GARDEN EDUCATION SERIES**

The Old Fort is making its Market Garden Education Series available to specialty crop producers who wish to take one, two, three or all eleven classes. The Old Fort has developed this educational series over the last six years for their incubator farmers and farmer-in-training participants and will accept a limited number of outside farmers who would benefit from this information about developing a specialty crop business at high elevation.

**When:** Monday evenings from January 28<sup>th</sup> to April 22<sup>nd</sup> from 6:00 p.m. until 8:30 p.m.

**Where:** LaPlata County Fairgrounds, 2500 Main Avenue, Durango, CO

**Registration Fee:** Each class costs \$25.00 (includes nightly handouts).

To view the curriculum of the classes, please [click here](#). To register, please [click here](#).

### **EVENT: ONLINE LAND STEWARDSHIP PROGRAM**

The Land Stewardship badge program was developed in a partnership between CSU Online and CSU Extension, and includes seven courses, each designed in recognition of our collective responsibility to retain the quality and abundance of our land, air, water and biodiversity, and to manage resources in a way that protects and conserves their value.

Participants will gain a better understanding of the available natural resources, how to cultivate them sustainably, and build an effective long-term land management plan. This program has been specifically developed for Colorado's arid soil and climatic conditions, providing the learner with more localized land management strategies.

Courses in this program are now open and available for registration. They include:

- **NRBB 1021** – Stewardship Planning – Inventory Resources (Trek Badge \$40)
- **NRBB 1022** – The Basics - Soil (Trek Badge \$50)
- **NRBB 1023** – The Basics - Water (Trek Badge \$50)
- **NRBB 1031** – Management of Forage Plants (Trek Badge \$50)
- **NRBB 1032** – Management of Invasive and Noxious Weeds (Trek Badge \$50)
- **NRBB 1043** – Management of Wildlife in Colorado (Trek Badge \$50)
- **NRBB 1044** – Emergency Preparedness (Trek Badge \$50)

For more information, or to register, please click [here](#).

## EVENT: FOOD SAFETY TRAINING FOR COLORADO COTTAGE FOODS PRODUCERS

Learn how to safely produce food from home for a cottage food business. Attending this course meets the requirement for food safety training according to the Colorado Cottage Foods Act.

Cottage foods safety courses will be offered on the following dates and locations:

- **March 4<sup>th</sup>**: Craig, CO [lchristensen@co.routt.co.us](mailto:lchristensen@co.routt.co.us)
- **March 8<sup>th</sup>**: El Paso County [michael.Lucero@ColoState.Edu](mailto:michael.Lucero@ColoState.Edu)
- **March 8<sup>th</sup>**: Greeley, CO [awebb@weldgov.com](mailto:awebb@weldgov.com)
- **March 12<sup>th</sup>**: Colorado Springs, CO [michael.Lucero@ColoState.Edu](mailto:michael.Lucero@ColoState.Edu)
- **March 13<sup>th</sup>**: Business Incubator, Grand Junction, CO [ann.duncan@colostate.edu](mailto:ann.duncan@colostate.edu)
- **March 20<sup>th</sup>**: Cortez, CO [Wendy.rice@colostate.edu](mailto:Wendy.rice@colostate.edu)
- **March 22<sup>nd</sup>**: Golden, CO [azander@bouldercounty.org](mailto:azander@bouldercounty.org)
- **March 22<sup>nd</sup>**: Pueblo, CO [Krause@pueblocounty.us](mailto:Krause@pueblocounty.us)

Please contact the person at the email address listed for each program above for more details including the time and fee to register.

## EVENT: MONTEZUMA / DOLORES COUNTY PRUNING WORKSHOP

Please bring your own chair, water, snacks, lunch, and be sure to dress warm! If you would like hands-on pruning experience, please bring your loppers or hand pruners.

**When:** March 7<sup>th</sup>, 9:00 am – 3:00 pm

**Where:** Yellow Jacket Southwest Colorado Research Station (16910 County Road Z, Yellow Jacket, CO 81335)

**Registration:** \$15.00 (payable at door, no credit cards please)

For more information, please call **970-677-2283** OR **970-565-3123**.

## EVENT: SERVSAFE CERTIFICATION COURSES

ServSafe is a nationally recognized program developed by the National Restaurant Association that provides food safety training, exams, and educational materials for foodservice managers.

**Classes are offered the following days, at the following locations:**

- Grand Junction, CO (GJ Business Incubator) – **March 7<sup>th</sup>** (Register before February 7<sup>th</sup>)
- Gunnison, CO – **April 9<sup>th</sup>** (email Erin Durant [here](#) to register)

- Grand Junction, CO (GJ Business Incubator) – **October 8<sup>th</sup>** (Register before September 9<sup>th</sup>)
- Montrose, CO (Montrose Fairgrounds) – **November 13<sup>th</sup>** (Register before October 14<sup>th</sup>)

Classes begin at 8:00 a.m. and will conclude with testing the same day at 5:00 p.m. Space is limited, and registration is on a first come, first served basis.

For more information or to register for one of the programs, please click [here](#).

## EVENT: AG OUTLOOK AND STRATEGY WEBINAR

This webinar will cover topics including market outlook, breakeven analysis, using commodity insurance as a part of a comprehensive marketing plan, using futures and options to manage risk, and cross hedging weaned calves. The program will be hosted by ABM Economists Jenny Beiermann, Dr. Steve Koontz, and Dr. Brent Young.

**When:** Tuesday, March 12<sup>th</sup> from 10:00am to 3:00pm

For more information and to register online visit <https://agoutlookwebinar.eventbrite.com>. This program is funded in partnership by USDA, Risk Management Agency, under award number RM18RMEPP522C047.

## EVENT: WATER IN THE WEST SYMPOSIUM

Join leaders from diverse disciplines to dive into water issues affecting the region and to explore innovative solutions to water challenges. The Symposium will feature nationally renowned speakers and showcase the efforts of various sectors in leveraging research, innovation, education, and creative policies to address the most pressing global water issues. Confirmed speakers include Gary Knell, Chairman of National Geographic Partners, and Tom Vilsack, former U.S. Secretary of Agriculture.

Producers can attend at a discounted rate by [contacting CAWA](#).

**When:** March 13<sup>th</sup> – 14<sup>th</sup>, 2019.

**Where:** Gaylord Rockies Resort and Convention Center, 6700 North Gaylord Rockies Boulevard, Aurora, 80019

For more information and to register, please [click here](#).

## EVENT: FINANCIAL MANAGEMENT STRATEGIES WEBINAR

This Financial Management Strategies Webinar will cover topics including, risk management, business planning, enterprise budgeting, record keeping, interpretation of financial statements, and selecting farm financial software. The program will be hosted by ABM Economists, Jenny Beiermann, Dr. Norm Dalsted, and Dr. Brent Young.

**When:** Thursday, March 14<sup>th</sup> from 10:00am to 3:00pm.

This is a **free** webinar but you must register online at <https://fmswebinar.eventbrite.com>. This program is funded in partnership by USDA, Risk Management Agency, under award number RM18RMEPP522C047.

## EVENT: DOLORES / MONTEZUMA COUNTY GRAFTING WORKSHOP

Dolores and Montezuma County Extension are offering a grafting workshop this month. This workshop has a limited seating to 20 so register early!

**When:** March 23<sup>rd</sup>, 10:00 am – 12:00 noon

**Where:** Yellow Jacket Southwest Colorado Research Station (16910 County Road Z, Yellow Jacket, CO 81335)

**Registration:** \$35.00 for MORP members; \$45.00 for non-members (payable at door, no credit cards please)

For more information, please call 970-677-2283. To register, please call MORP at 970-565-3099 or participants can register through email [here](#).

## EVENT: VISION COURSE FOR ASPIRING URBAN FARMERS

Guidestone Colorado, in partnership with the Colorado Building Farmers Program, is offering a Vision Course for Aspiring Farmers who are hoping to start an urban farm. Participants undergo an in-depth exploration of their own vision and the core competencies and resources needed to launch a farm business. This course examines current trends, resources, case studies, and stories from experienced farmers while digging into a framework to begin strategic business planning.

**Where:** Arapahoe County CSU Extension Office, Centennial, CO (6934 South Lima Street, Suite B, Centennial, CO 80112)

**When:** Sunday, March 24<sup>th</sup>, 8:30 a.m. – 4:00 p.m.

**Registration Fee:** \$60.00

For more information and to register, please [click here](#).

## EVENT: PRODUCE SAFETY RULE GROWER TRAINING COURSES

The Colorado Fruit and Vegetable Growers Association, Rocky Mountain Farmers Union, CSU Extension, the Colorado Department of Agriculture, and the Produce Safety Alliance will be supporting and sponsoring several FSMA Produce Safety Rule Grower trainings.

This course satisfies the FSMA Produce Safety Rule requirement outlined in § 112.22(c) that requires ‘At least one supervisor or responsible party for your farm must have successfully completed food safety training at least equivalent to that received under standardized curriculum recognized as adequate by the Food and Drug Administration.’ Individuals will gain a basic understanding of:

- Requirements in the FSMA Produce Safety Rule and how to meet them;
- Microorganisms relevant to produce safety and where they may be found on the farm;
- Good Agricultural Practices (GAPs) and co-management information;
- How to identify microbial risks, practices that reduce risks, and how to begin implementing produce safety practices on the farm; and
- Parts of a farm food safety plan and how to begin writing one.

### Upcoming training:

- **April 4** in Colorado Springs

- **April 9** in Greeley

**Registration:** \$50 per person, and \$15 for each additional registrant from the same farm business. Includes all training materials, lunch and certificate (mailed to you following the training).

To view upcoming Produce Safety Rule Grower trainings and other educational opportunities and resources, click [here](#). For other information on the Produce Safety Rule, click [here](#).

## EVENT: MONTEZUMA ORCHARD RESTORATION PROJECT GRAFTING WORKSHOP

Learn how to graft with Montezuma Orchard Restoration Project (MORP). Join us for this hands-on workshop and take home four heritage apple trees grafted by you.

**When:** Saturday, April 6<sup>th</sup>, 10:00 a.m. – 12:00 noon

**Where:** Historic library at the Old Fort at Hesperus (18683 CO-140, Hesperus, CO 81326)

**Cost:** \$35.00 for MORP members, \$45.00 for non-MORP members

For more information and to register, please click [here](#).

## EVENT: SUSTAINABLE LIFESTYLE EXPO

### Better Front Range Living...Through Science!

Join CSU Extension for a day of demonstrations, mini-workshops, and keynote presentations on evidence-based approaches to a sustainable lifestyle in Front Range Colorado. Topics include:

- Water conservation, setting up rain barrels, home energy production;
- Backyard chickens, the science of beekeeping, vegetable gardening, pollinator habitats;
- Lawn care and tree care, emerald ash borer, Japanese beetle, nuisance insects in the home;
- Best practices for food preservation, beer making, and cheese making; and
- Demonstrations on bike helmet safety, composting with worms, and much more!

While you're there, meet other local organizations that are engaged in environmental stewardship at our community booths; shop at the pop-up local cottage food market; check out the wares of home and garden vendors; and stop by the food trucks for a snack.

**When:** April 14, 2019 - 10am - 3:00pm

**Where:** 1stBank Center - Broomfield, CO

**Registration:** \$10 per adult. *Free admission for children and young adults 17 and under.*

Register [here](#).

## EVENT: STRENGTHENING ECONOMIES IN THE WEST: COAL-RELIANT COMMUNITIES CHALLENGE

Is your county or region experiencing economic challenges due to the contraction of the coal industry? Are you seeking effective approaches to support economic diversification, workforce development, and improved quality-of-life in your community?

Join the National Association of Counties and the National Association of Development Organizations Research Foundation for a team-based challenge workshop that will convene county and regional leaders from Colorado, Montana, Utah and Wyoming. Participants will learn more about economic diversification planning and strategies, build out a diversification road-map, network with peers from across the four-state region, and engage with staff from a mix of federal agencies focused on diversification and economic resilience.

**Where:** Denver, CO

**When:** May 1<sup>st</sup> – 3<sup>rd</sup>

The community team application and more details will be made available soon. Please check [here](#) for more information or contact Jack Morgan at [jmorgan@naco.org](mailto:jmorgan@naco.org).

## EVENT: EAT COLORADO FOOD SHOW

The Eat Colorado Food Show is back for its fourth edition, bringing Colorado's diverse and innovative food and beverage producers together with buyers from restaurants, caterers, grocers, hospitals, municipalities, and school systems to create more connectivity, understanding and meaning within our dynamic food system.

The Food Show will showcase Colorado produce, grains, meats, preserves, condiments, honey, spirits, wines, beers, baked goods, and more, with over 120 producer booths. And don't miss the Speaker Series inside the exhibit hall's restaurant.

**Dates:** Tuesday, March 12<sup>th</sup> 12:00 noon - 4:00 p.m.

**Registration:** Free

The food producer vendor category is currently SOLD OUT – email [april@eatdenver.com](mailto:april@eatdenver.com) to be added to the waitlist. But even if you cannot host a booth, it is a great way to network with other food vendors and learn about what other food companies are doing.

For more information, please [click here](#).

## FARMER SURVEY: ON-FARM HARVESTING AND SURPLUSES

UpRoot Colorado is conducting a survey to gain insight into on-farm surplus production in Colorado in order to:

- estimate the amount of food remaining on Colorado farms each year;
- learn from farmers about the reasons food is left on farm;
- provide growers with insights into where hidden opportunities may lie;
- create new public demand for “misshapen” produce; and
- create new markets for Colorado's smallholder and family farms to sell more of the nourishing food that they grow.

This research project is a collaborative effort between UpRoot Colorado (UpRoot) and graduate students at the University of Colorado. Participate [here](#).



## CONTACT INFORMATION

To add your ideas and news, contact [Belle Parra](#).

To subscribe and unsubscribe to this newsletter, contact [Martha Sullins](#).